

23,7 km - Lauf am 26.08.2009

Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Endzeit |
|-----|-----|---------------------------|--------------------------------|----|--------|---------|
| 1 | 192 | Thewes, Danny | Möllner SV | 78 | M30 1 | 1:29:54 |
| 2 | 193 | Trappiel, Alexander | SC Neubrandenburg | 87 | M20 1 | 1:31:18 |
| 3 | 80 | Bromberger, Björn | OSSV Kamenz | 88 | M20 2 | 1:35:15 |
| 4 | 4 | Schütz, Frank | ESV Lok Neustrelitz | 59 | M50 1 | 1:37:18 |
| 5 | 100 | Girrlleit, Peter | VFL Rathenow | 70 | M35 1 | 1:37:34 |
| 6 | 6 | Wegner, Detlef | TSV 62 Prenzlau | 50 | M55 1 | 1:39:27 |
| 7 | 227 | Lindhorst, Sven | Neubrandenburg | 69 | M40 1 | 1:41:05 |
| 8 | 134 | Lehmann, Bernd | Waren | 67 | M40 2 | 1:41:09 |
| 9 | 101 | Goetz, Ralf-Peter | SV scn energy Torgelow | 66 | M40 3 | 1:42:48 |
| 10 | 182 | Seidel, Andreas | Dresden | 68 | M40 4 | 1:43:52 |
| 11 | 50 | Clemen, Jörg | Post Telekom Schwerin | 66 | M40 5 | 1:44:14 |
| 12 | 89 | Kinder, Dr. Matthias | SV Turbine Neubrandenburg | 70 | M35 2 | 1:44:59 |
| 13 | 9 | Borchert, Tino | SV Turbine Neubrandenburg | 78 | M30 2 | 1:45:30 |
| 14 | 226 | Levermann, Ulf | SV Turbine Neubrandenburg | 64 | M45 1 | 1:45:42 |
| 15 | 10 | Preuß, Gunnar | HSV Neubrandenburg | 85 | M20 3 | 1:45:52 |
| 16 | 173 | Röthling, Alf | SV Turbine Neubrandenburg | 61 | M45 2 | 1:46:41 |
| 17 | 1 | Schölzke, Thomas | Laufteam Rügen | 72 | M35 3 | 1:46:51 |
| 18 | 15 | Preuß, Göran | HSV Neubrandenburg | 87 | M20 4 | 1:49:10 |
| 19 | 22 | Henkel, Volker | HSV Neubrandenburg | 56 | M50 2 | 1:49:43 |
| 20 | 125 | Kobsch, Andre | FHSG Stralsund | 63 | M45 3 | 1:49:44 |
| 21 | 218 | von Münster, Thomas | Strategis AG | 79 | M30 3 | 1:49:53 |
| 22 | 200 | Winkler, Jöran | Roth | 75 | M30 4 | 1:50:10 |
| 23 | 122 | Klinke, Siegfried | LG Reinbek-Oho | 43 | M65 1 | 1:50:20 |
| 24 | 19 | Ott, Mike | HSV Neubrandenburg | 65 | M40 6 | 1:51:35 |
| 25 | 214 | Schuldt, Hans-Otto | LSV 04 Waren | 54 | M55 2 | 1:52:29 |
| 26 | 84 | Bösel, Klaus | Neubrandenburg | 50 | M55 3 | 1:53:05 |
| 27 | 207 | Drews, Rainer | Neubrandenburg | 60 | M45 4 | 1:53:21 |
| 28 | 107 | Handorf, Henning | LSV 04 Waren | 57 | M50 3 | 1:53:30 |
| 29 | 87 | Dimmel, Andre | Halle | 85 | M20 5 | 1:53:43 |
| 30 | 75 | Bloecks, Stefan | Kultur & Sportverein Krukow | 81 | M20 6 | 1:53:58 |
| 31 | 118 | Jorzick, Uwe | SV Turbine Neubrandenburg | 47 | M60 1 | 1:54:40 |
| 32 | 225 | Knosppe, Jörg | SV Turbine Neubrandenburg | 57 | M50 4 | 1:54:43 |
| 33 | 7 | Lander, Arnd | FHSG Stralsund | 58 | M50 5 | 1:55:35 |
| 34 | 18 | Safranowski, Heiko | HSV Neubrandenburg | 69 | M40 7 | 1:55:46 |
| 35 | 8 | Wüstemann, Sascha | SV Turbine Neubrandenburg | 87 | M20 7 | 1:56:38 |
| 36 | 223 | Gaidamak, Vladimir | MTP Hersbruck | 58 | M50 6 | 1:56:41 |
| 37 | 17 | Jahn, Sven | HSV Neubrandenburg | 68 | M40 8 | 1:56:43 |
| 38 | 164 | Reimann, Thomas | Neubrandenburg | 52 | M55 4 | 1:57:14 |
| 39 | 120 | Zocher, Stefan | Bier Athleten 05 Neubrandenbur | 62 | M45 5 | 1:57:15 |
| 40 | 88 | Bleißmann, Dr. Karl-Heinz | Laufteam Rügen | 49 | M60 2 | 1:57:51 |
| 41 | 30 | Kabisch, Björn | HSV Neubrandenburg | 75 | M30 5 | 1:57:56 |
| 42 | 210 | Dobberphul, Manfred | Burg Stargard | 53 | M55 5 | 1:58:46 |
| 43 | 33 | Ganzer, Malte | Berlin | 67 | M40 9 | 1:58:54 |
| 44 | 38 | Neudeck, Torsten | Münster Westf. | 63 | M45 6 | 1:59:10 |
| 45 | 24 | Thode, Hans-Dieter | HSV Neubrandenburg | 54 | M55 6 | 1:59:12 |
| 46 | 155 | Olthoff, Sascha | SV Turbine Neubrandenburg | 73 | M35 4 | 2:00:03 |
| 47 | 62 | Adebahr, Michael | laufpark stechlin | 43 | M65 2 | 2:01:50 |
| 48 | 25 | Kull, Detlef | HSV Neubrandenburg | 54 | M55 7 | 2:01:52 |
| 49 | 212 | Zentner, Frrank | BSG Foodlogistik NB | 85 | M20 8 | 2:02:05 |
| 50 | 177 | Schmidt, Hans- Georg | TSV Dresden | 38 | M70 1 | 2:03:03 |
| 51 | 161 | Puchta, Markus | Bier Athleten 05 Neubrandenbur | 67 | M40 10 | 2:03:12 |
| 52 | 150 | Molenda, Eckhard | SV Einheit Ueckermünde | 57 | M50 7 | 2:03:29 |
| 53 | 230 | Sonnenberg, Bernd | WSV Neustrelitz | 60 | M45 7 | 2:03:35 |
| 54 | 45 | Reinke, Jörg | Ramin | 61 | M45 8 | 2:03:54 |
| 55 | 185 | Seppelt, Michael | Berlin | 75 | M30 6 | 2:04:20 |
| 56 | 159 | Pleiß, Dirk | Banzkow | 67 | M40 11 | 2:04:21 |
| 57 | 216 | Witt, Thomas | SG Neuhof | 67 | M40 12 | 2:05:12 |
| 58 | 58 | Rimatzi, Tilo | Franzburg | 77 | M30 7 | 2:05:32 |
| 59 | 99 | Füting, Kai | Neustrelitz | 68 | M40 13 | 2:05:44 |
| 60 | 149 | Meyer, Daniel | Neubrandenburg | 78 | M30 8 | 2:05:46 |

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| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Endzeit |
|-----|-----|-----------------------|---------------------------------|----|--------|---------|
| 61 | 71 | Bilda, Erwin | SV Turbine Neubrandenburg | 52 | M55 8 | 2:05:53 |
| 62 | 46 | Bock, Thomas | SV Turbine Neubrandenburg | 67 | M40 14 | 2:06:09 |
| 63 | 205 | Lübcke, Thomas | Neubrandenburg | 88 | M20 9 | 2:06:20 |
| 64 | 204 | Duwe, Thomas | Neubrandenburg | 87 | M20 10 | 2:06:21 |
| 65 | 82 | Budahn, Matthias | Klein Flotow | 73 | M35 5 | 2:06:30 |
| 66 | 157 | Peters, Klaus | SV SCE energy Torgelow | 56 | M50 8 | 2:06:44 |
| 67 | 187 | Spiegel, Steffen | Mölln | 73 | M35 6 | 2:06:48 |
| 68 | 136 | Lewandowski, Kai- Uwe | Burg Stargard | 67 | M40 15 | 2:06:49 |
| 69 | 91 | Eckert, Ralf | Wulkenzin | 68 | M40 16 | 2:07:11 |
| 70 | 184 | Seppelt, Horst | Burg Stargard | 50 | M55 9 | 2:07:39 |
| 71 | 20 | Theiler, Bernd | HSV Neubrandenburg | 61 | M45 9 | 2:08:14 |
| 72 | 165 | Reinholz, Frank | Ahrensfelde | 64 | M45 10 | 2:08:23 |
| 73 | 67 | Becker, Michael | Waren (Müritz) | 71 | M35 7 | 2:08:49 |
| 74 | 171 | Rubel, Eckhard | SV Feldberg | 40 | M65 3 | 2:08:59 |
| 75 | 196 | Utke, Nils-Steffen | LSV Teterow | 71 | M35 8 | 2:09:00 |
| 76 | 176 | Schikorr, Wolfgang | FHSG Stralsund | 53 | M55 10 | 2:09:09 |
| 77 | 201 | Wissel, Karlheinz | FHSG Stralsund | 68 | M40 17 | 2:09:10 |
| 78 | 29 | Schürmann, Gottfried | HSV Neubrandenburg | 55 | M50 9 | 2:09:16 |
| 79 | 37 | Vierling, Egbert | Neubrandenburg | 55 | M50 10 | 2:09:17 |
| 80 | 139 | Liedtke, Dirk | SV Kirchboitzen | 67 | M40 18 | 2:09:24 |
| 81 | 180 | Seeger, Michael | SCC Lauf-Masche Berlin | 64 | M45 11 | 2:09:30 |
| 82 | 206 | Kopf, Otto | Offenbacher LC | 52 | M55 11 | 2:10:38 |
| 83 | 137 | Liebenow, Olaf | Flying Fishes Neubrandenburg | 66 | M40 19 | 2:11:01 |
| 84 | 121 | Klein, Olaf | Bier Athleten 05 Neubrandenburg | 63 | M45 12 | 2:11:07 |
| 85 | 44 | Hall, Peter | Laufteam Groß Wokern | 57 | M50 11 | 2:11:23 |
| 86 | 188 | Steinort, Frank | LKWS Neubrandenburg | 59 | M50 12 | 2:11:48 |
| 87 | 39 | Kamstra, Sjors | Berlin | 54 | M55 12 | 2:12:23 |
| 88 | 112 | Heße, Thomas | Freest | 68 | M40 20 | 2:12:47 |
| 89 | 94 | Freiberg, Dirk | Stralsund | 66 | M40 21 | 2:12:55 |
| 90 | 191 | Teske, Toralf | LSV Teterow | 66 | M40 22 | 2:13:01 |
| 91 | 105 | Gürtler, Rolf | Strasburg | 51 | M55 13 | 2:13:24 |
| 92 | 42 | Schwefel, Jürgen | laufpark stechlin | 39 | M70 2 | 2:14:15 |
| 93 | 32 | Zander, Eckfried | Neverin | 54 | M55 14 | 2:14:19 |
| 94 | 181 | Segeth, Andreas | SV Turbine Neubrandenburg | 68 | M40 23 | 2:14:47 |
| 95 | 86 | Dammann, Peter | LSV Teterow | 61 | M45 13 | 2:15:33 |
| 96 | 154 | Neumann, Jörg | SV Warnemünde | 61 | M45 14 | 2:15:37 |
| 97 | 158 | Plewka, Hartmut | SV Feldberg | 64 | M45 15 | 2:16:08 |
| 98 | 124 | Knobloch, Heiko | LKWS Neubrandenburg | 59 | M50 13 | 2:16:32 |
| 99 | 21 | Brand, Klaus-Dieter | HSV Neubrandenburg | 55 | M50 14 | 2:16:33 |
| 100 | 28 | Klemm, Norbert | HSV Neubrandenburg | 45 | M60 3 | 2:16:46 |
| 101 | 127 | Krien, Hartmut | Altenhagen | 53 | M55 15 | 2:16:53 |
| 102 | 59 | Schönberg, Wolfgang | Köpernitz | 50 | M55 16 | 2:17:42 |
| 103 | 48 | Karwat, Siegfried | SV Turbine Neubrandenburg | 40 | M65 4 | 2:18:14 |
| 104 | 221 | Fröhlich, Heiko | LGFF Berlin | 46 | M60 4 | 2:18:32 |
| 105 | 202 | Wünsche, Fritz-Werner | LKWS Neubrandenburg | 45 | M60 5 | 2:18:41 |
| 106 | 133 | Lange, Olaf | NB-Drachen | 62 | M45 16 | 2:18:53 |
| 107 | 110 | Hansen, Christian | Neubrandenburg | 73 | M35 9 | 2:18:54 |
| 108 | 113 | Holz, Ingo | Grimmen | 54 | M55 17 | 2:19:26 |
| 109 | 166 | Renner, Frank | Penzlin | 65 | M40 24 | 2:20:37 |
| 110 | 96 | Freiseis, Bernhard | Stahnsdorf | 57 | M50 15 | 2:20:51 |
| 111 | 169 | Rong, Lambert | HSV Neubrandenburg | 46 | M60 6 | 2:20:58 |
| 112 | 141 | Löffler, Alfred | Laufverein Teltow | 57 | M50 16 | 2:21:04 |
| 113 | 76 | Bockmayer, Andreas | Stahnsdorf | 62 | M45 17 | 2:21:05 |
| 114 | 69 | Berkhahn, Danny | Dresden | 79 | M30 9 | 2:21:29 |
| 115 | 102 | Gonsiorczyk, Thomas | Lupus-Team | 66 | M40 25 | 2:21:49 |
| 116 | 229 | Stödter, Maik | Cammin | 64 | M45 18 | 2:21:54 |
| 117 | 213 | Kilina, Martin | Neubrandenburg | 62 | M45 19 | 2:21:59 |
| 118 | 117 | Jendersie, Jens | Neubrandenburg | 73 | M35 10 | 2:22:09 |
| 119 | 111 | Henning, Olaf | Gransee | 68 | M40 26 | 2:22:35 |
| 120 | 131 | Kurzmann, Andre | Berlin | 68 | M40 27 | 2:23:09 |

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| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Endzeit |
|-----|-----|-----------------------|--------------------------|----|--------|---------|
| 121 | 168 | Richter, Peter | HSV Neubrandenburg | 51 | M55 18 | 2:23:33 |
| 122 | 55 | klawikowski, Maik | Stralsund | 73 | M35 11 | 2:23:39 |
| 123 | 128 | Krohn, Ralf | Carpin | 65 | M40 28 | 2:23:46 |
| 124 | 152 | Möller, Reinhard | Berlin | 46 | M60 7 | 2:23:51 |
| 125 | 219 | Hasenjäger, Thomas | TSV 1814 Friedland | 66 | M40 29 | 2:24:33 |
| 126 | 95 | Freiberg, Werner | Neustrelitz | 37 | M70 3 | 2:24:41 |
| 127 | 106 | Hagemann, Hans-Werner | Neubrandenburg | 62 | M45 20 | 2:24:49 |
| 128 | 49 | Roloff, René | Neustrelitz | 78 | M30 10 | 2:25:07 |
| 129 | 156 | Parschau, Andre | Waren | 62 | M45 21 | 2:25:34 |
| 130 | 228 | Dörge, Jörg | Neubrandenburg | 64 | M45 22 | 2:25:54 |
| 131 | 109 | Hansen, Matthias | NB-Drachen | 76 | M30 11 | 2:25:55 |
| 132 | 31 | Scholz, Peter | Neverin | 63 | M45 23 | 2:26:20 |
| 133 | 98 | Freuer, Christian | VfL Burg Stargard | 80 | M20 11 | 2:27:11 |
| 134 | 104 | Gustav, Jörg | Neustrelitz | 66 | M40 30 | 2:27:46 |
| 135 | 220 | Teich, Maximilian | TSV 1814 Friedland | 94 | M15 1 | 2:28:04 |
| 136 | 217 | Franz, Norbert | Neubrandenburg | 56 | M50 17 | 2:28:05 |
| 137 | 68 | Below, Dietmar | HSV Neubrandenburg | 57 | M50 18 | 2:28:17 |
| 138 | 119 | Jürß, Bernhard | MSC Waren | 55 | M50 19 | 2:30:59 |
| 139 | 72 | Binder, Matthias | MSC Waren | 56 | M50 20 | 2:31:03 |
| 140 | 178 | Schubert, Rainer | Rowa | 56 | M50 21 | 2:31:40 |
| 141 | 222 | Teich, Holger | Putzar | 68 | M40 31 | 2:33:06 |
| 142 | 126 | Kresse, Roy | Lebbin | 63 | M45 24 | 2:33:40 |
| 143 | 83 | Busse, Volker | Berlin | 65 | M40 32 | 2:33:52 |
| 144 | 27 | Ibe, Rolf | HSV Neubrandenburg | 49 | M60 8 | 2:35:26 |
| 145 | 41 | Strauch, Axel | Burg Stargard | 64 | M45 25 | 2:38:11 |
| 146 | 145 | Matthes, Jörg | Summter Waldläufer e.V. | 67 | M40 33 | 2:38:39 |
| 147 | 190 | Suse, Hans-Werner | Möllner SV | 57 | M50 22 | 2:39:13 |
| 148 | 70 | Berkholz, Uwe | Neverin | 67 | M40 34 | 2:40:06 |
| 149 | 231 | Hensel, Ralf | Feuerwehr Neubrandenburg | 68 | M40 35 | 2:41:13 |
| 150 | 269 | Kahle, Frank | Pragsdorf | 64 | M45 26 | 2:41:35 |
| 151 | 97 | Frericks, Sven | Chemnitz | 73 | M35 12 | 2:42:29 |
| 152 | 26 | Klenz, Harald | HSV Neubrandenburg | 49 | M60 9 | 2:45:00 |
| 153 | 43 | Urban, Thomas | Laufteam Groß Wokern | 75 | M30 12 | 2:45:47 |
| 154 | 64 | Auricht, Gerd | RSV Rheinsberg | 59 | M50 23 | 2:45:58 |
| 155 | 163 | Reemer, Reinhard | Ritzerow | 61 | M45 27 | 2:50:57 |
| 156 | 186 | Siewert, Ronny | Berlin | 80 | M20 12 | 2:51:26 |
| 157 | 40 | Lindenborn, Udo | Trollenhagen | 61 | M45 28 | 2:51:27 |
| 158 | 79 | Bonmann, Andre | Potsdam | 71 | M35 13 | 2:52:14 |
| 159 | 47 | Raschauer, Edgar | FHSG Stralsund | 36 | M70 4 | 2:54:18 |

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| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Endzeit |
|-----|-----|--------------------------|------------------------------|----|--------|---------|
| 1 | 11 | Schlender-Kamp, Angelika | HSV Neubrandenburg | 72 | W35 1 | 1:47:32 |
| 2 | 135 | Lemme, Bärbel | Möllner SV | 64 | W45 1 | 1:52:56 |
| 3 | 12 | Cools, Kerstin | HSV Neubrandenburg | 62 | W45 2 | 1:56:49 |
| 4 | 224 | Dressler, Katja | SV Turbine Neubrandenburg | 66 | W40 1 | 1:59:13 |
| 5 | 140 | Lindow, Margitta | SV Turbine Neubrandenburg | 61 | W45 3 | 2:05:28 |
| 6 | 172 | Rudolph, Ramona | Greifswald | 70 | W35 2 | 2:09:06 |
| 7 | 66 | Bachmann, Andrea | SCC Lauf-Masche Berlin | 69 | W40 2 | 2:10:55 |
| 8 | 14 | Mundt, Sylvia | HSV Neubrandenburg | 59 | W50 1 | 2:11:06 |
| 9 | 215 | Oppert-Laudel, Astrid | SCC Lauf-Masche Berlin | 70 | W35 3 | 2:11:26 |
| 10 | 114 | Holz, Juliane | Philadelphia, USA | 79 | W30 1 | 2:11:38 |
| 11 | 51 | Hirsch, Jana | Neubrandenburg | 69 | W40 3 | 2:15:45 |
| 12 | 195 | Unguranowitsch, Ramona | Berlin | 78 | W30 2 | 2:17:16 |
| 13 | 138 | Liebenow, Annette | Flying Fishes Neubrandenburg | 71 | W35 4 | 2:19:54 |
| 14 | 167 | Richter, Kristin | Berlin | 78 | W30 3 | 2:23:32 |
| 15 | 63 | Arndt, Anke | Neubrandenburg | 68 | W40 4 | 2:25:35 |
| 16 | 74 | Block, Beate | HSV Neubrandenburg | 61 | W45 4 | 2:25:59 |
| 17 | 151 | Mrotzek, Ute | WSV Neustrelitz | 62 | W45 5 | 2:26:01 |
| 18 | 148 | Mevisen, Beate | Berlin | 60 | W45 6 | 2:26:17 |
| 19 | 53 | Hall, Roswitha | Laufteam Groß Wokern | 57 | W50 2 | 2:26:28 |
| 20 | 90 | Duesing, Inge | VfL Burg Stargard | 52 | W55 1 | 2:31:11 |
| 21 | 73 | Bischoff, Katrin | LTV Kiel-Ost | 74 | W35 5 | 2:32:39 |
| 22 | 60 | Rimatzi, Ramona | Franzburg | 76 | W30 4 | 2:34:14 |
| 23 | 61 | Damaschke, Gabriela | SV Turbine Neubrandenburg | 65 | W40 5 | 2:34:44 |
| 24 | 153 | Neumann, Sabine | SV Warnemünde | 64 | W45 7 | 2:35:12 |
| 25 | 144 | Marzahl, Heike | Möllner SV | 65 | W40 6 | 2:39:14 |
| 26 | 232 | Gaidamak, Anja | MTP Hersbruck | 68 | W40 7 | 2:41:26 |
| 27 | 77 | Bösenberg, Anke | Neubrandenburg | 64 | W45 8 | 2:41:36 |
| 28 | 52 | Schwarz, Cornelia | Laufteam Groß Wokern | 73 | W35 6 | 2:45:47 |
| 29 | 13 | Schuster, Claudia | HSV Neubrandenburg | 59 | W50 3 | 2:45:48 |
| 30 | 233 | Wolter, Astrid | VfL Burg Stargard | 55 | W50 4 | 2:47:54 |
| 31 | 108 | Hannß, Karin | SV Turbine Neubrandenburg | 51 | W55 2 | 2:48:10 |
| 32 | 54 | Niemann, Anneliese | SV Turbine Neubrandenburg | 54 | W55 3 | 2:50:09 |
| 33 | 194 | Ullrich, Martina | Waren | 76 | W30 5 | 2:52:15 |
| 34 | 211 | Dobberphul, Jutta | Burg Stargard | 55 | W50 5 | 2:54:09 |
| 35 | 208 | Kopf, Rita | Offenbacher LC | 53 | W55 4 | 2:59:30 |

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| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Endzeit |
|-----|-----|------------------|----------------|----|--------|---------|
| 1 | 253 | Bartsch, Werner | Neubrandenburg | 58 | M50 1 | 3:35:50 |
| 2 | 256 | Nitschke, Uwe | Neubrandenburg | 62 | M45 1 | 3:35:51 |
| 3 | 264 | Ehrlich, Hartmut | Jatzke | 57 | M50 2 | 3:48:39 |
| 4 | 268 | Ostermann, Edgar | Neubrandenburg | 40 | M65 1 | 3:51:30 |

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|-----|-----|--------------------|----------------|----|--------|---------|
| 1 | 257 | Reemer, Ingrid | Ritzerow | 62 | W45 1 | 3:36:13 |
| 2 | 259 | Friedrich, Monika | Berlin | 63 | W45 2 | 3:41:38 |
| 3 | 252 | Stegemann, Roswita | Groß Nemerow | 59 | W50 1 | 3:49:29 |
| 4 | 258 | Wendt, Petra | Neubrandenburg | 54 | W55 1 | 3:49:57 |
| 5 | 254 | Bose, Ute | Groß Nemerow | 56 | W50 2 | 3:51:08 |
| 6 | 255 | Gudat, Bärbel | Neubrandenburg | 57 | W50 3 | 3:56:11 |

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|-----|-----|-------------------|---------------|----|--------|---------|
| 1 | 260 | Kowalak, Waldemar | Burg Stargard | 58 | M50 1 | 3:51:01 |

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|-----|-----|-----------------|----------------|----|--------|---------|
| 1 | 263 | Seyfert, Gabi | Neubrandenburg | 54 | W55 1 | 3:29:55 |
| 2 | 261 | Fanselow, Jutta | Wulkenzin | 57 | W50 1 | 3:50:58 |
| 3 | 265 | Wollatz, Nicole | Pinneberg | - | - | 3:50:59 |
| 4 | 266 | Ernst, Andrea | Burg Stargard | 58 | W50 2 | 3:51:07 |